



Social Skills Program Parent Packet

Social Skills Program

Using research-based curriculum and strategies, skills are taught and practiced in small structured groups using simple language and multiple learning opportunities to build upon social skills which can help enhance participation in the community and support outcomes like happiness and friendships.

Social Skills Groups

Participants

Each social skills group consists of a small group with similar aged children with similar ability levels. Children are grouped based on their age and ability level to promote social interaction between the participants.

Structure

Each group meeting focuses on one social skill topic taught through a lesson and then monitoring and promoting that social skill through natural play. Groups follow a structured schedule that consists of group activities along with “breaks” where children are encouraged to utilize their free-time to participate in an activity together.

Schedule & Location

The group meetings are one hour long and meet twice a week. Our current program schedule is as follows:

Myrtle Beach Location

Tuesday & Thursday

4:00-5:00

704 21st Ave. N.
Myrtle Beach, SC 29577

Charleston Location

Tuesday & Thursday

5:00-6:00

3896 Leeds Ave
North Charleston, SC 29405

Social Skills Program Social Skills Group Topics

This year we are using Emotional ABCs Classroom to teach emotional life skills. Emotional ABCs was developed with therapists, psychologists, and educators to help students figure out WHAT they are feeling, WHY they are having that emotion, and HOW to make better choices.

Unit A: Introduction to Emotions, develops self-awareness and social awareness skills and consists of eight workshops.

Unit B: Skills to Increase Emotional Understanding, students learn about non-verbal clues (both visual and physical) that will help them interpret emotions

Unit C: Self Management of Emotions, students learn to use the Emotional ABCs Toolbar, a memory 'short-hand' that will help your child independently manage their emotions

Unit D: Responsible Decision Making, students learn some 'Go-to' choices that can often facilitate better resolutions in emotionally intense situations

More information can be found here:

emotionalabcs.com

[Emotional ABC Parent Information](#)